

Fitness Requirements for Field Members

Field Members:

The individual will be able to demonstrate a level of fitness to:

Carry a 24 hour pack and walk nine (9) kilometres within three (3) hours.

This route must include a hill climb of 200 vertical metres within a lineal distance of one (1) kilometre within one (1) hour.

Suburban Field Team

Fit enough to walk for 8 hours, carrying pack of 5-8kg, in hilly areas or on uneven ground

Able to squat or crawl to access hard to search places eg under fences, around bushes in a garden

Any injury or ailment that means you're not at 100% is grounds for a member to stand their self down for a call out.

Active field members may get deployed to gnarly ground that makes this photo look like a picnic. We need you able to perform at your best.

